

Sanding Paste

Ingredients:

500gm (17.5oz)	Organic Beeswax
125gm (4.5oz)	Food Grade Mineral Oil
125gm (4.5oz)	Food Grade Diatomaceous Earth (DE Earth)

You will also need:

A double boiler (or saucepan with a metal bowl on top)
metal spoon
kitchen scales
bag of ice cubes
a container and lid with a good seal to keep the dust out.

1. Half fill the saucepan with water. Place the metal bowl on top of the saucepan.
2. Put the beeswax and mineral oil in the bowl. Turn on the heat
3. As the wax melts, any impurities will float to the top, scoop them out
4. When the wax is fully melted remove the bowl from the heat and add the DE earth
5. Place the bowl in a sink full of iced water to cool
6. Stir the mixture continuously until the paste cools and thickens
7. Spoon into the container.
(Makes about 1 litre or 35 fluid oz)



Using the sanding paste:

Sand your object with regular sandpaper down to 800 or 1000 grit

Using a paper towel, apply a thin layer of paste over the whole surface

Turn the lathe on and use the paper towel to keep the paste moving over the surface

Apply enough pressure to create some heat which melts the paste and produces a shine

Apply a second and third coat if necessary.

Finish with a clean paper towel to wipe off any excess

Use a cotton bud to remove excess paste from holes and crevasses in the wood

* Not suitable if you intend to paint or varnish the object afterwards