

Polishing Paste

Ingredients:

400gm (14oz)	Organic Beeswax
200gm (7oz)	Food Grade Mineral Oil
1 teaspoon	Fragrant oil (optional)

You will also need:

A double boiler (or saucepan with a metal bowl on top)
metal spoon
kitchen scales
bag of ice cubes
a container & lid with a good seal to keep the dust out.



1. Half fill the saucepan with water. Place the metal bowl on top of the saucepan.
2. Put the beeswax and mineral oil in the bowl. Turn on the heat
3. As the wax melts, any impurities will float to the top, scoop them out
4. When the wax is fully melted remove the bowl from the heat
5. Place the bowl in a sink full of iced water to cool
6. Stir the mixture continuously until the paste cools and thickens
7. Spoon into the container.
(Makes about 1 litre or 35 fluid oz)



Using the polish:

Sand your object with regular sandpaper down to 1000 - 1500 grit

Using a paper towel, apply a thin layer of polishing paste over the whole surface

Turn the lathe on and use the paper towel to keep the polish moving over the surface

Apply enough pressure to create some heat which melts the paste and produces a shine

Apply a second and third coat if necessary.

Finish with a clean paper towel to wipe off any excess

Use a cotton bud to remove excess polish from holes and crevasses in the wood